

FAQs – CRS Yoga Therapy Teach Out 2023-2025

1. What are cross-listed enrollments?

Courses will be taught by a local trusted partner institute; the cross-listing mechanism will work like this: CRS will set up its own courses at LMU for the students completing the certificate, and the students will register for them through LMU. Students will pay LMU for these courses but will receive instruction from the partner institute with which LMU is contracting.

2. If I am studying at a partner institute, will I still get my transcript and certificate from LMU?

Yes.

3. When will CRS announce cross-listed continuing education enrollment options for 2023-2024?

We expect to make an announcement by the end of August, 2023. At present, CRS awaits final IAYT approval for cross-listed continuing education enrollments.

4. Will I be able to complete the courses to be able to apply for C-IAYT (to complete the C-IAYT pathway)?

Yes, a pathway will be provided. Further information on the timeframe will be provided by the end of August.

5. Will there be the ability for students who are partway through completing their Yoga Alliance 500 hour certification to complete that certification this year as part of the teach-out? (Students who have done either Yoga Therapy Level I or Level II and are completing the other course during 2023-2024).

The options CRS is preparing during the teach out will provide this opportunity.

6. I would like to switch to one of the graduate Yoga Studies programs at LMU—what should I do?

Contact Iyanna Newborn at LMU's program in graduate Yoga Studies: (310) 258-8725; YogaStudies@lmu.edu

PLEASE NOTE – to qualify for the graduate program in Yoga Studies, you must have completed a bachelor's degree.

7. For how long will CRS be offering a teach-out of continuing education Yoga Therapy programs?

CRS plans to offer cross-listed continuing education courses through Aug. 31, 2025.

8. Will cross-listed continuing education courses be offered more than once during the two years of the teach out?

CRS will offer courses just one time during the teach out. So please do not look upon this two-year window and think you will be able to wait until next year to continue your progress toward the C-IAYT. Instead, do all you can to take the courses when they are scheduled.

9. What happens after Aug. 31, 2025? If I am not yet finished with all my C-IAYT requirements by that date, what can I do?

We realize that some students may not be able to enroll when a course is offered during the teach out, and with those students CRS will do as much as possible to find alternative learning opportunities so that the student can continue to make progress toward the C-IAYT. If you anticipate not being able to take courses during the 2023-2024 academic year, please be in touch with CRS Yoga Therapy Coordinator Felicia Tomasko to review your particular situation.

10. Does the teach out / sunseting negate the validity of anyone's certificates?

FAQs – CRS Yoga Therapy Teach Out 2023-2025

No, and to the degree that students continue to fulfill the requirements for certificates during the teach out, certificates will be awarded.

11. Will I still be able to apply for a certificate for a course that I have completed after the teach out is over?

LMU will continue to issue certificates to those who have successfully completed certificate requirements.

12. During the teach-out, will classes still be offered in a virtual format?

Yes.

13. Will students be guided through the teach-out process?

Yes; Ms. Felicia Tomasko, CRS Yoga Therapy Coordinator, is available to meet with you individually to discuss what you need to do to make progress toward your educational goals.

14. What about students who started in Yoga Therapy RX before 2018, for whom the certificate in Yoga, Mindfulness and Social Change is a course requirement?

This 10 credit (100 contact hour) certificate has been absorbed into the M.A. course – Modern Yoga, Mindfulness, Social Change, and can replace a portion of the required certificate. If a large enough group of students need this certificate, the certificate may be offered again. At this point, it has not been scheduled.

12. Will there be another class of Practicum Preparation for students who need to complete that course and Practicum Delivery?

Yes, Practicum Preparation will be offered, but like all courses, it is not yet scheduled.

13. I took an incomplete during one (or more) of my past courses. What should I do to renew my progress toward the C-IAYT?

Please contact CRS Yoga Therapy Coordinator Felicia Tomasko to discuss your individual circumstances.

14. How can I earn the new certificate in Yoga Therapy Practicum?

Complete successfully the following two courses, with a minimum grade point average of B- or higher over the two courses.

- YRTX 845 – Yoga Therapy Practicum Preparation
- YRTX 846 – Yoga Therapy Practicum Delivery

15. I have already successfully completed both of those courses with a grade of B- or higher; how do I apply for my certificate?

[Click on this link](#) to apply for the certificate; please note that this new certificate is available to anyone who has taken the courses and met the minimum grade point average requirement in the past, today, and going forward.

16. When is the 2022-2023 CRS Yoga Studies certificate graduation ceremony?

Sunday, Sept. 17, 2023, 2:30 PM in University Hall 1857.

FAQs – CRS Yoga Therapy Teach Out 2023-2025

17. I am interested in transferring to a different Yoga Therapy program to pursue my C-IAYT; will my past LMU courses count?

Yes – IAYT guidelines allow for the transfer of up to 300 hours of coursework from one accredited program to another. CRS Yoga Therapy Coordinator Felicia Tomasko can assist you with your transfer.

Felicia Tomasko, Coordinator
CRS Yoga Therapy Programs
Felicia.Tomasko@lmu.edu

July 31, 2023